Walt Disney World® Travel Tips and Suggestions

Enjoy this list of tips and suggestions for help with your planning and vacation itinerary. We recommend you print this and bring it along with you.

Pre-Trip Planning

• Keep your planning simple. Don’t over schedule. Based upon what you have read and the recommendations of friends and family, decide on a few “must-do’s” and leave the rest of the time for discovery and surprises.
• Be flexible. You’ll appreciate the simplicity of your plan when your little ones discover their own “must-do’s” during the vacation – or when “children are children.” In other words, be prepared to make fun out of the unexpected.
• Remember, there are lots of sunny days in Florida, so don’t forget to pack some sunscreen and hats.
• Also remember to bring comfortable walking shoes.
• Check the Before Your Trip section for a checklist so you don’t forget key items.
• Bringing a toy or two can really make a hotel room feel more like home.
• It can get cold in air-conditioned areas, making a sweatshirt handy.
• You may want to pack two bathing suits, just in case you want to swim while one’s still drying out.

Resorts

• Use Disney Transportation. The Disney buses, monorails and watercraft make it easy to get around and can be part of the fun.
• Walt Disney World Resort Guests get to enjoy early admission to select Theme Park attractions with paid admission. It’s called Extra Magic Hours. Days and Times vary by Park.
• You can reserve a Disney crib in advance for your room. Bed guardrails are also available on request.
• Each of the rooms in the Walt Disney World Resorts is either equipped or can be supplied with an in-room refrigerator for medications and supplies.
• In-room baby-sitting services or resort-based child-care programs such as
Mouseketeer Clubhouse or The Neverland Club are a great option for parents looking for a night out without the little ones.

- Video arcades are available at all Walt Disney World Resorts.
- Kiddie pools are available at most Walt Disney World Resorts.

Theme Parks
- Plan to arrive at the Parks early and take a break in the middle of the day for lunch and afternoon naps. Head back in the late afternoon after everyone is well-rested and ready for more fun.
- Baby Care Centers are located at all four Disney Theme Parks. The private rooms offer rocking chairs and low lighting for nursing mothers; feeding rooms with highchairs, bibs and plastic spoons; plus diaper-changing rooms. Baby-care products such as disposable diapers, pull-on rubber pants, formula and teethers are for sale.
- There are also baby-changing stations in all bathrooms, including men’s and family rest rooms.
- No need to pack up all the baby gear for a trip to Disney. In-park stroller rental makes traveling through the Theme Parks easy. When you rent a Disney stroller in one Park, your receipt will get you another stroller in a different Park that same day. That makes getting around a lot easier.
- Measure your child’s height before arriving so that children know which attractions they will be able to enjoy ahead of time. This avoids the disappointment of discovering this information too late. You can also download our attraction height chart in the Before Your Trip section.
- Tip Boards in each Park provide you with a wealth of entertainment information, including showtimes and approximate wait times for popular attractions.
- Check out Disney’s FASTPASS® Service that lets you spend less time waiting in line and more time enjoying the Parks.
- If available, choose a seat located near the back or side of attractions for a quick exit.
- A Theme Park "rider swap" program gives both mom and dad a chance to enjoy the latest attractions without the double wait. A parent who waits with a young child while the other parent rides the attraction can get on the ride with minimal wait time.
once the first parent comes off.

• Have your family’s magical vacation memories captured by a professional photographer. Your photos are available for you to view and share online. Disney’s PhotoPass service is the exciting new innovation that makes it all possible.
• Lockers are available at each Park for unlimited use throughout the day.
• ATMs are conveniently located throughout Walt Disney World Resort.

Characters
• Some children may be intimidated by Characters they haven’t met before. Go with them to approach the Characters so that the children are less intimidated.
• Mickey’s Toontown® Fair is a great place to meet Characters at Magic Kingdom Park. To see Mickey, go to the Judge’s Tent.
• One of the best ways to spend time with Disney Characters up close is by dining at a Character meal.
• Don’t forget to bring autograph books! All Characters are pleased to sign autographs.

Dining
• Milk and other healthy meal options are available in most Walt Disney World Resort restaurants.
• All Walt Disney World Resort restaurants – with the exception of food carts and counter-service dining – have high chairs and booster seats.
• Most Disney restaurants offer children’s menus, plus crayons and coloring books to keep kids entertained.

Recreation
• Be sure to check out the two Water Theme Parks – Blizzard Beach and Typhoon Lagoon. Tike’s Peak, a kid-size version of Blizzard Beach, includes a snow-castle fountain play area. Ketchakiddie Creek at Typhoon Lagoon features scaled-down water attractions with slides, floating boats and waterfalls.
• Don’t forget a towel and swimsuit for water fountain fun. The fountains at the Downtown Disney® Marketplace are a great place to play!
• Whimsical miniature golf at at Fantasia Gardens and Disney Winter Summerland.
• Campfire sing-along with Chip 'n' Dale nightly near Meadow Trading Post at Disney’s Fort Wilderness Resort and Campground.
• Horse-drawn wagon rides depart from Disney’s Fort Wilderness Resort Pioneer Hall at 7:00 p.m. and 9:30 p.m. nightly. Children must be accompanied by an adult.
• Children (ages 2 and over, up to 80 lbs.) can enjoy pony rides at the Petting Farm at Disney’s Fort Wilderness Resort for $4 per ride.
• Exciting children activity programs are available, including Disney’s Pirate Cruise Adventure, where children depart from the Grand Floridian Marina to visit exotic “ports of call” along Bay Lake and Seven Seas Lagoon as they follow clues and the pirate’s trail to buried treasure.
• Don’t miss the Wonderland Tea Party hosted by Characters from “Alice in Wonderland”; young guests enjoy a story, eat lunch, make – and eat – cupcakes, and have “tea” with the Characters.
• Enjoy My Disney Girls Perfectly Princess Tea Party, a tea party fit for a princess at Disney’s Grand Floridian Resort & Spa. Girls are encouraged to attend dressed up in their favorite princess attire and enjoy tea filled with fantasy and delight. Little princesses will get the royal treatment with tea for two, deliciously decorative princess cakes, plus a personal meet-and-greet with Princess Aurora from the classic Disney animated film “Sleeping Beauty.”

Some Must-Do’s For You and Your Little One

In Magic Kingdom Park
• Watch the fireworks over Cinderella Castle.
• Experience these preschool favorites: it’s a small world, Dumbo the Flying Elephant, Cinderella's Golden Carrousel, “Mickey’s PhilharMagic” and "Cinderellabration."
• Stake a claim to a curbside location for the traditional 3 o’clock parade.

In Epcot®
• See the world’s most elaborate nightly fireworks spectacle, “IllumiNations: Reflections of Earth.” The show typically happens as the “final act” of the day, at published closing time.
• Other must-do’s with your little ones: Turtle Talk with Crush, Characters on Holiday, Kidcot Fun Stops, and Journey into Imagination with Figment.

In Disney’s Hollywood Studios
• Get to the “heart” of Disney entertainment by participating in The Magic of Disney Animation, an interactive attraction that provides a look at the creative process behind Disney’s many animated blockbusters.
• “Must-see’s” for small children: “Playhouse Disney-Live on Stage!”, “Voyage of the Little Mermaid,” and “Beauty and the Beast-Live on Stage.”
• Be sure to catch the Disney Stars and Motor Cars Parade.
• Cap a day with “Fantasmic!” the most elaborate live Theme Park show ever created by Disney.

In Disney’s Animal Kingdom® Theme Park
• Experience the wonder of the African savannah – in Florida – on Kilimanjaro Safaris.
• Fill your eyes and ears with the most colorful pageantry offered at a Disney Park by sitting in on a performance of “Festival of the Lion King.”
• Stake a claim to a parade-route spot for “Mickey’s Jammin’ Jungle” daily parade.