

Restore balance this morning

Our SuperFoods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients antioxidants and delicious taste so you can start your day feeling recharged.

Superfoods**

blueberries	tomatoes	oats	dark chocolate
oranges	spinach	nuts	cinnamon
apples	yogurt	broccoli	honey



Fruit and Juice

<i>Bowl of Assorted Seasonal Berries</i>	5.50
<i>Seasonal Fruit Salad</i>	4.95
<i>Florida Orange or Grapefruit Juice</i>	3.75
<i>Apple, Cranberry, Tomato, V-S or Prune</i>	3.00

Early Start

<i>Stone Ground Oatmeal</i>  <i>Butter, Cinnamon, Sugar, Milk</i>	4.25
<i>Selection of Cold Cereals</i>	3.50
<i>with Bananas or Strawberries</i>	4.50
<i>Plain Yogurt</i> 	3.25

Eggs à La Carte

Accompanied by Breakfast Potatoes

<i>Egg Sandwich</i>	9.00
<i>Two Fried Eggs, Bacon, American Cheese, Country Bread</i>	
<i>Biscuits and Gravy</i>	12.00
<i>Two Fried Eggs, Sausage Gravy</i>	
<i>Lobster Omelette</i>	16.00
<i>Lobster, Tarragon, Comté Cheese</i>	
<i>Three-Egg Omelette</i>	14.00
<i>Toast, Choice of Ham, Mushrooms, Peppers, Tomatoes, Onions, Cheese</i>	
<i>All American</i>	13.00
<i>Two Eggs Any Style, Toast, Choice of Bacon, Ham or Sausage</i>	

Lite Breakfast

<i>Qulche</i> 	10.00
<i>Spinach, Asparagus, Broccoli, Caramelized Onions, Swiss Cheese</i>	
<i>Parfait</i> 	9.00
<i>Granola, Berries, Yogurt, Bran Muffin</i>	



SuperFoods signature dishes have been indicated with the SuperFoods logo.

**These nutritional powerhouse foods can help extend your health span - the extent of time you have to be healthy, vigorous and vital - Dr. Steven Pralt, author of SuperFoods Rx: Fourteen Foods That Will Change Your Life.




Prices exclusive of tax and gratuity; for parties of 6 and more an optional 18% gratuity will be added.

We are happy to discuss with you and attempt to accommodate any dietary or special needs diets.

All food items are cooked to the recommended FDA Food Code temperatures, unless otherwise requested.

Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food borne illness.

Heavenly Breakfasts

Raisin Bread French Toast 	10.00
<i>Raisin Bread French Toast, Vanilla Syrup, Glazed Walnuts</i>	
Belgium Waffle 	11.00
<i>Blueberries, Whipped Cream</i>	
Old-Fashioned Pancakes 	10.00
<i>Choice of Blueberries, Bananas, Chocolate Chips</i>	
Apple Crepes 	10.00
<i>Sauteed Apples, Caramel Sauce, Glazed Walnuts, Yogurt</i>	

Corned Beef Hash 14.00

*Two Poached Eggs, Russet Potatoes, Cheese Sauce
Includes Toast, Choice of Juice and Coffee or Tea*

Beverages

Freshly Brewed Starbucks 100% Colombian Coffee 3.00 <i>(regular or decaffeinated)</i>	Saratoga Still or Sparkling Water 6.95
Pot of Imported Breakfast Tea 2.50	Cappuccino* 4.50
Hot Chocolate 2.50	Cafe Latte* 4.50
Whole Milk, Skim Milk, Chocolate Milk 2.50	Espresso* 3.50
	<i>(*decaf available)</i>

Weekday Swan Buffet

*Omelettes and Eggs Any Style, Breakfast Meats, Potatoes,
Fresh Fruit, Yogurt, Oatmeal, Cold Cereal Selection, Specialty Egg Entrées
Sweet Entrées and Pastries, SuperFoods Collection 
Starbucks Coffee and Florida Orange Juice included in Buffet*

Adults 18.99 Children 3-9 11.99

Weekend Character Buffet

*Omelettes and Eggs Any Style, Breakfast Meats, Potatoes,
Fresh Fruit, Yogurt, Oatmeal, Cold Cereal Selection, Specialty Egg Entrées Featuring Eggs Benedict
Sweet Entrées and Pastries, SuperFoods Collection 
Starbucks Coffee and Florida Orange Juice included in Buffet*

Adults 20.99 Children 3-9 12.99

Disney Characters Appearing Saturday and Sunday 8 - 11 a.m.



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